

# MIDDLE SCHOOL LUNCH MENU **FEBRUARY 2019**



Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
								<b>1</b> Shrimp Poppers 44 Tater Rounds 14 Garbanzo Beans 10 Orange Juice 13 Milk (assorted) 15	
<b>4</b> Corn Dog Nuggets 16 Mashed Potatoes 14 Black Beans 12 Red Delicious Apple 19 Milk (assorted) 15		<b>5</b> Cheese French Bread 33 Red Dipping Sauce 7 Tater Rounds 7 Orange Wedges 18 Milk (assorted) 15		<b>6</b> Popcorn Chicken 14 BBQ Sauce 16 Sweet Potato Fries 17 Lima Beans 9 Chilled Pears 15 Milk (assorted) 15		<b>7</b> Chicken Crisпитos 46 Salsa 3 Fresh Spinach Salad 10 Craisins Strawberry 36 Milk (assorted) 15		<b>8</b> Big Daddy Cheese Pizza 43 Cucumber Slices 0 Carrot Baby 3 Ranch Dressing 1 Orange Wedges 21 Milk (assorted) 15	
<b>11</b> Macaroni & Cheese 43 Romaine Salad 2 Ranch Dressing 1 Cherry Tomatoes 2 Green Grapes 15 Milk (assorted) 15		<b>12</b> Hot Dog 1 WG Bun 27 Potato Wedges 17 Chili 26 Diced Tomatoes 2 Fruit Slushie 22 Milk (assorted) 15		<b>13</b> Cheeseburger 27 Sweet Corn 17 Black Bean Salsa 13 Diced Peaches 12 Milk (assorted) 15		<b>14</b> <b>DAY OF NON-ATTENDANCE NO SCHOOL</b>		<b>15</b> <b>DAY OF NON-ATTENDANCE NO SCHOOL</b>	
<b>18</b> <b>PRESIDENTS' DAY NO SCHOOL</b>		<b>19</b> Cheese Sticks 33 Red Dipping Sauce 6 Sweet Corn 9 Craisins Strawberry 28 Milk (assorted) 15		<b>20</b> Popcorn Chicken 14 Smiley Potatoes 20 Black Bean Salsa 13 Diced Peaches 12 Milk (assorted) 15		<b>21</b> Corn Dog Nuggets 16 Fresh Spinach Salad 3 Baked Beans 15 Golden Delicious Apple 22 Milk (assorted) 15		<b>22</b> Big Daddy Cheese Pizza 43 Cucumber Slices 0 Carrot Baby 3 Ranch Dressing 1 Orange Wedges 21	
<b>25</b> Rotini Pasta 41 Meatballs 5 Spaghetti Sauce 14 Edamame 5 Raisels 26 Milk (assorted) 15		<b>26</b> Mini Confetti Pancakes 36 Sausage Patty 0 Romaine Salad 2 Ranch Dressing 1 Celery Sticks 1 Mandarin Oranges 20		<b>27</b> Chicken Patty 15 WG Bun 17 Mashed Potatoes 14 Sunbelievable Sidekick 26 Applesauce 22 Milk (assorted) 15		<b>28</b> Chicken Wrap 35 Lettuce & Tomato Cup 3 Power Punch Juice box 14 Diced Peaches 12 Milk (assorted) 15			

## Alternate Entrees

Monday: Hot Dog 28  
 Tuesday: Pizza 43  
 Wednesday: Hamburger 28  
 Thursday: Chicken Nuggets 13  
 Friday: Nachos Supreme 42

## Daily Items

Chef's Salad with Turkey & Cheese 26  
 Cheese Sandwich on WG Bread 32  
 Yogurt Lunch 47  
 Turkey Sandwich on Goldfish Bread 23

## Prices

Lunch: \$2.90  
 Breakfast: \$1.75  
 Milk: \$0.40  
 All meals served with choice of milk

## Disclaimers

Menu subject to change. Advance notice will be given when possible.  
 The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.