

MS/HS BREAKFAST MENU FEBRUARY 2019



Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
								1 Pop Tart Fudge 38 Granola 20 Mixed Fruit 13 100% Juice Cup 15 Milk (assorted) 15	
4 Blueberry Muffin 30 WG Scooby Snacks 21 Banana 27 100% Juice Cup 15 Milk (assorted) 15		5 Egg & Cheese Muffin 26 Orange Wedges 18 100% Juice Cup 15 Milk (assorted) 15		6 Mini Pancakes Maple 39 Applesauce 22 100% Juice Cup 15 Milk (assorted) 15		7 Bagel 28 Cream Cheese 1 Diced Pears 15 100% Juice Cup 15 Milk (assorted) 15		8 Pop Tart Strawberry 38 Cocoa Puffs Bar 30 Mandarin Oranges 20 100% Juice Cup 15 Milk (assorted) 15	
11 Mini French Toast 37 Red Delicious Apple 19 100% Juice Cup 15 Milk (assorted) 15		12 Bagel 28 Cream Cheese 1 Diced Peaches 12 100% Juice Cup 15 Milk (assorted) 15		13 Mini Cinis (Hot) 27 Banana 15 100% Juice Cup 15 Milk (assorted) 15		14 DAY OF NON-ATTENDANCE NO SCHOOL		15 DAY OF NON-ATTENDANCE NO SCHOOL	
18 PRESIDENTS' DAY NO SCHOOL		19 Egg & Cheese Muffin 26 Orange Wedges 18 100% Juice Cup 15 Milk (assorted) 15		20 Mini Pancakes Maple 39 Applesauce 22 100% Juice Cup 15 Milk (assorted) 15		21 Bagel 28 Cream Cheese 1 Diced Pears 15 100% Juice Cup 15		22 Pop Tart Strawberry 38 Cocoa Puffs Bar 30 Mandarin Oranges 20 100% Juice Cup 15 Milk (assorted) 15	
25 Mini French Toast 37 Red Delicious Apple 19 100% Juice Cup 15 Milk (assorted) 15		26 Bagel 28 Cream Cheese 1 Diced Peaches 12 100% Juice Cup 15 Milk (assorted) 15		27 Mini Cinis (Hot) 27 Banana 15 100% Juice Cup 15 Milk (assorted) 15		28 Trix Cereal Bar 30 Strawberry Yogurt 14 Apple Slices 17 100% Juice Cup 15 Milk (assorted) 15			

Cereal Available Daily

Prices

Lunch: \$2.90
 Breakfast: \$1.75
 Milk: \$0.40
 All meals served with choice of milk

Disclaimers

Menu subject to change. Advance notice will be given when possible.
 The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.