

ELEMENTARY SCHOOL LUNCH MENU **JANUARY 2019**



Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
		1 NO SCHOOL - WINTER BREAK		2 NO SCHOOL - WINTER BREAK		3 NO SCHOOL - INSTITUTE DAY		4 NO SCHOOL - INSTITUTE DAY	
7		8		9		10		11	
Orange Chicken	19	Cheese French Bread	33	Popcorn Chicken	14	French Toast Sticks	28	Big Daddy Cheese Pizza	34
Rice	37	Red Dipping Sauce	7	BBQ Sauce	16	Pancake Syrup	30	Sweet Potato Fries	17
Fresh Spinach Salad	4	Seasoned Potato Wedges	17	Tropical Twist Juice	14	Gripz Mini Grahams	20	Zucchini Slices	2
Cherry Tomatoes	1	Orange Wedges	18	Lima Beans	8	Tater Rounds	14	Ranch Dressing	1
Red Delicious Apple	19	Milk (assorted)	15	Chilled Pears	15	Chickpeas	10	Banana	27
Milk (assorted)	15			Milk (assorted)	15	Orange Juice/Milk	13/15	Milk (assorted)	15
14		15		16		17		18	
Macaroni & Cheese	43	Hot Dog	1	Chicken Patty	15	Chicken Crispito	23	Bosco Sticks	34
Romaine Salad	2	WG Bun	27	WG Bun	27	Sliced Red Peppers	2	Red Dipping Sauce	7
Ranch Dressing	1	Seasoned Potato Wedges	17	Mashed Potatoes	14	Salsa	3	Cherry Smooth SideKick	25
Broccoli	1	Diced Tomatoes	2	Black Bean Salsa	13	Refried Beans	10	Applesauce	13
Craisins Strawberry	28	Fruit Slushie	22	Applesauce	22	Orange Wedges	21	Milk (assorted)	15
Milk (assorted)	15	Milk (assorted)	15	Milk (assorted)	15	Milk (assorted)	15		
21		22		23		24		25	
NO SCHOOL - MLK DAY		Orange Chicken	19	Popcorn Chicken	14	Corn Dog Nuggets	16	Big Daddy Cheese Pizza	34
		Rice	37	Smiley Potatoes	20	Kale Chips	5	Broccoli	2
		Edamame	7	Sweet Corn	9	Baked Beans	15	Baby Carrots	3
		Baby Carrots	3	Diced Peaches	12	Golden Delicious Apple	22	Ranch Dressing	1
		Applesauce	22	Milk (assorted)	15	Milk (assorted)	15	Orange Wedges	21
		Milk (assorted)	15					Milk (assorted)	15
28		29		30		31			
Macaroni & Cheese	43	Mini French Toast	37	Hamburger	0	Chicken Drumstick	5		
Romaine Salad	2	Diced Ham	0	WG Bun	27	Dinner Roll	13		
Ranch Dressing	1	Carrot Baby	3	Sweet Corn	17	Sweet Corn	9		
Edamame	7	Celery Sticks	2	Sunbeleivable Sidekick	26	Black Beans	23		
Chilled Pears	15	Mandarin Oranges	20	Raisels	35	Craisins Strawberry	28		
Milk (assorted)	15	Milk (assorted)	15	Milk (assorted)	15	Milk (assorted)	15		

Alternate Entrees

Monday: Nachos Supreme 42
 Tuesday: Chicken Entrée 16
 Wednesday: Pizza 43
 Thursday: Hot Dog 28
 Friday: Breakfast for Lunch 37

Daily Items

Chef's Salad with Turkey & Cheese 26
 Cheese Sandwich on WG Bread 32
 Yogurt Lunch 47
 Turkey Sandwich on Goldfish Bread 23

Prices

Lunch: \$2.90
 Breakfast: \$1.75
 Milk: \$0.40
 All meals served with choice of milk

Disclaimers

Menu subject to change. Advance notice will be given when possible.
 The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.