

# HIGH SCHOOL LUNCH MENU AUGUST 2018



Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
			1		2		3		
6		7		8		9		10	
13		14		15		16		17	
				Popcorn Chicken Dinner Roll Smiley Potatoes Sweet Corn Diced Peaches 100% Juice Cup Milk (assorted)	14 13 20 17 12 15 15	Corn Dog Nuggets Fresh Spinach Salad Baked beans Golden Delicious Apple 100% Juice Cup Milk (assorted)	16 3 15 22 15 15	Big Daddy Cheese Pizza Cucumber Slices Carrot Baby Ranch Dressing Orange Wedges 100% Juice Cup Milk (assorted)	43 0 3 1 21 15 15
20		21		22		23		24	
Philly Steak WG Bun Peppers & Onions Baby Carrots Chilled Pears 100% Juice Cup Milk (assorted)	4 27 7 8 15 15 15	Corn Dog Romaine Salad Ranch Dressing Celery Sticks Mandarin Oranges 100% Juice Cup Milk (assorted)	30 2 2 2 20 15 15	Chicken Patty WG Bun Mashed Potatoes Baby Carrots Raisels 100% Juice Cup Milk (assorted)	15 17 14 3 35 15 15	French Toast Sticks Pancake Syrup Sausage Links 1/2 English Muffin Edamame Wango Mango Juice Orange Wedges 100% Juice Cup Milk (assorted)	28 30 2 13 7 13 18 15 15	Cheese Sticks Red Dipping Sauce Seasoned Fries Diced Peaches 100% Juice Cup Milk (assorted)	33 6 17 12 15 15
27		28		29		30		31	
Teriyaki Chicken Rice Cherry Tomatoes Red Delicious Apple 100% Juice Cup Milk (assorted)	9 37 3 19 15 15	Mini Confetti Pancakes Sausage Patty Baby Carrots Tater Rounds Orange Wedges 100% Juice Cup Milk (assorted)	36 0 8 14 18 15 15	Popcorn Chicken Dinner Roll BBQ Sauce Sweet Potato Fries Refried Beans Chilled Pears 100% Juice Cup Milk (assorted)	15 13 10 21 23 15 15 15	Cheese French Bread Red Dipping Sauce Mashed Potatoes Mixed Fruit 100% Juice Cup Milk (assorted)	33 7 14 13 15 15	Big Daddy Cheese Pizza Cucumber Slices Zucchini Slices Ranch Dressing Banana 100% Juice Cup Milk (assorted)	43 1 4 2 27 15 15

### Daily Items

Deli Bar  
Pasta Bar  
Pizza Selection  
Chicken Selection

### Prices

Lunch: \$2.90  
Breakfast: \$1.75  
Milk: \$0.40  
All meals served with choice of milk

### Disclaimers

Menu subject to change. Advance notice will be given when possible.  
The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.