

# MS/HS BREAKFAST MENU **AUGUST 2018**



Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
			1		2		3		
6		7		8		9		10	
13		14		15		16		17	
Blueberry Muffin	30	Egg & Cheese Muffin	26	Mini Pancakes Maple	41	Bagel	29	Pop Tart	38
WG Scooby Doo Snacks	21	Orange Wedges	21	Applesauce	15	Cream Cheese	1	Coco puffs Bar	30
Banana	29	100% Juice Cup	15	100% Juice Cup	15	Diced Pears	14	Mandarin Oranges	17
100% Juice Cup	15	Milk (assorted)	15		15	100% Juice Cup	15	100% Juice Cup	15
Milk (assorted)	15					Milk (assorted)	15	Milk	15
20		21		22		23		24	
Blueberry Muffin	30	Bagel	29	Mini Pancakes Maple	41	Trix Cereal Bar	30	Pop Tart Fudge	38
WG Scooby Doo Snacks	21	Cream Cheese	1	Applesauce	15	Strawberry Yogurt	16	Granola	20
Banana	29	Diced Peaches	13	100% Juice Cup	15	Apple Slices	17	Mixed Fruit	17
100% Juice Cup	15	100% Juice Cup	15		15	100% Juice Cup	15	100% Juice Cup	15
Milk (assorted)	15	Milk (assorted)	15			Milk (assorted)	15	Milk (assorted)	15
27		28		29		30		30	
Mini French Toast	37	Egg & Cheese Muffin	26	Mini Pancakes Maple	41	Bagel	29	Pop Tart	38
Red Delicious Apple	22	Orange Wedges	21	Applesauce	15	Cream Cheese	1	Coco puffs Bar	30
100% Juice Cup	15	100% Juice Cup	15	100% Juice Cup	15	Diced Pears	14	Mandarin Oranges	17
Milk (assorted)	15	Milk (assorted)	15		15	100% Juice Cup	15	100% Juice Cup	15
						Milk (assorted)	15	Milk	15

**Cereal Available Daily**

**Prices**

Lunch: \$2.90  
 Breakfast: \$1.75  
 Milk: \$0.40  
 All meals served with choice of milk

**Disclaimers**

Menu subject to change. Advance notice will be given when possible.  
 The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.