

High School Lunch Menu February 2017

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
				1 Popcorn Chicken 16 BBQ Sauce 9 Sweet Potato Fries 19 Refried Beans 20 Chilled Pears 14 Milk (assorted) 15		2 **New Item** Cheese French Bread 33 Red Dipping Sauce 14 Mashed Potatoes 17 Mixed Fruit 17 Milk (assorted) 15		3 Big Daddy Pepperoni Pizza 43 Cucumber Slices 0 Zucchini Slices 2 Ranch Dressing 1 Banana 15 Milk (assorted) 15	PREMIUM OPTION An alternate premium entrée featuring a larger portion and an extra side for \$3.00. February 1 Baked Chicken (0) Bread Sticks (13) Mashed Potatoes (17) Gravy (4) Sweet Corn (17) Apple Slices (8) Juice (15) Applesauce (15) Milk (15) February 8 Meatloaf (6) Bread Sticks (13) Mashed Potatoes (17) Gravy (4) Sweet Corn (17) Apple Slices (8) Juice (15) Milk (15) February 15 Baked Chicken (0) Bread Sticks (13) Mashed Potatoes (17) Gravy (4) Sweet Corn (17) Apple Slices (8) Juice (15) Milk (15) February 22 Italian Beef (0) WG Bun (27) Mashed Potatoes (17) Gravy (4) Sweet Corn (17) Apple Slices (8) Juice (15) Milk (15)
6 Nacho Bites 32 Salsa 8 Fresh Spinach Salad 10 Craisins Strawberry 36 Milk (assorted) 15		7 Hot Dog / WG Bun 1/26 Potato Wedges 22 Cucumber Slices 0 Ranch Dressing 1 Fruit Slushie 20 Milk (assorted) 15		8 Cheeseburger 29 WG Bun 26 Sweet Corn 23 French Fries 13 Diced Peaches 15 Milk (assorted) 15		9 Green Chile Quesadilla 32 Broccoli 2 Refried Beans 20 Orange Wedges 21 Milk (assorted) 15		10 Bosco Sticks 30 Red Dipping Sauce 14 Dragon Punch 4 Applesauce 15 Milk (assorted) 15	
13 Orange Chicken 19 Rice 45 Cherry Tomatoes 2 Red Delicious Apple 28 Fresh Spinach Salad 10		14 Shrimp Poppers 44 Edamame 9 Sweet Potato Fries 16 Craisins Strawberry 36 100% Juice Cup 15 Milk (assorted) 15		15 Popcorn Chicken 16 Dinner Roll 20 Smiley Potatoes 24 Sweet Corn 17 Diced Peaches 13 Milk (assorted) 15		16 DAY OF NON ATTENDANCE NO SCHOOL		17 DAY OF NON ATTENDANCE NO SCHOOL	
20 PRESIDENTS DAY NO SCHOOL		21 Corn Dog 33 Romaine Salad 3 Ranch Dressing 1 Celery Sticks 2 Mandarin Oranges 17 Milk (assorted) 15		22 Chicken Patty 16 WG Bun 27 Mashed Potatoes 15 Baby Carrots 8 Raisels 26 Milk (assorted) 15		23 French Toast Sticks / Syrup 26/30 Sausage Links 0 English Muffin 12 Tater Rounds 19 Wango Mango Juice 13 Milk (assorted) 21		24 Cheese Sticks 33 Red Dipping Sauce 12 Seasoned Fries 20 Diced Peaches 13 100% Juice Cup 15 Milk (assorted) 15	
27 Teriyaki Chicken 10 Rice 45 Cherry Tomatoes 2 Red Delicious Apple 28 Milk (assorted) 15		28 Pancakes WG / Syrup 15/30 Sausage Patty 1 Romaine Salad / Ranch 3/8 Celery Sticks 1 Mandarin Oranges 17 Milk (assorted) 13							

Prices

 Lunch: \$2.75
 Milk: \$0.40

Menu subject to change.

 Advance notice will be given when possible.
 When viewing menu online click any individual item to view full nutritional information.

Disclaimer About Carbs

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.

Alternate Options

 Pasta Bar
 Sandwich Bar
 Pizza Selection
 Chicken Selection