

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
3 Macaroni and Cheese Romaine Salad / Ranch Broccoli Craisins Strawberry Milk (assorted)	31 3/1 2 28 15	4 Hot Dog WG Bun Potato Wedges Diced Tomatoes Fruit Slushie Milk (assorted)	1 27 22 2 20 15	5 Hamburger WG Bun Sweet Corn Black Bean Salsa Raisels Milk (assorted)	2 27 17 11 36 15	6 Nacho Bites Salsa Refried Beans Orange Wedges Milk (assorted)	32 8 10 21 15	7 INSTITUTE DAY NO SCHOOL	
10 COLUMBUS DAY NO SCHOOL		11 **LUCKY TRAY DAY** Meatballs WG Bun Spaghetti Sauce Sweet Corn Applesauce Milk (assorted)	5 27 14 9 15 15	12 Popcorn Chicken Smiley Potatoes Edamame Diced Peaches Milk (assorted)	16 24 9 13 15	13 Corn Dog Nuggets Fresh Spinach Salad Baked Beans Golden Delicious Apple Milk (assorted)	22 5 15 22 15	14 Big Daddy Cheese Pizza Broccoli Baby Carrots Ranch Dressing Orange Wedges Milk (assorted)	34 2 3 1 21 15
17 Rotini Pasta Meatballs Spaghetti Sauce Edamame Chilled Pears Milk (assorted)	41 5 14 3 14 15	18 Pancakes with Syrup Sausage Patty Romaine Salad / Ranch Celery Sticks Mandarin Oranges Milk (assorted)	30/30 1 3/1 1 17 15	19 Chicken Patty WG Bun Mashed Potatoes Cherry Star Juice Applesauce Milk (assorted)	16 27 17 16 15 15	20 **Fruit Gummy Day** Grilled Cheese Sweet Corn Black Beans Craisins Strawberry Milk (assorted)	31 9 18 36 15	21 Italian Dunkers Red Dipping Sauce Wango Mango Juice Green Grapes Milk (assorted)	32 7 13 24 15
24 Corn Dog Nuggets Fresh Spinach Salad Cherry Tomatoes Red Delicious Apple Milk (assorted)	22 10 1 22 15	25 Pizza Bites Red Dipping Sauce Tater Rounds Orange Wedges Milk (assorted)	24 14 19 21 15	26 Popcorn Chicken BBQ Sauce Sweet Potato Fries Lima Beans Chilled Pears Milk (assorted)	16 9 19 7.5 14 15	27 French Toast Sticks Pancake Syrup Gripz Mini Grahams Tater Rounds Chickpeas Milk (assorted)	22 30 19 19 10 13/15	28 Big Daddy Pepperoni Pizza Dragon Punch Zucchini Slices Ranch Dressing Banana Milk (assorted)	34 13 2 1 29 15
31 **Halloween Treat** Macaroni and Cheese Romaine Salad / Ranch Broccoli Craisins Strawberry Milk (assorted)	31 3/1 2 28 15								

Prices

 Lunch: \$2.75
 Milk: \$0.40

Menu subject to change.

 Advance notice will be given when possible.
 When viewing menu online click any individual item to view full nutritional information.

Disclaimer About Carbs

The carbohydrate information provided is to the best of our knowledge by information received from the product manufacturer. Please note that food product substitutions made due to food shortages may alter the carbohydrate information indicated on the menu.

Alternate Options

Mon	Mini Pancakes & Ham	44	Chef's Salad with Turkey & Cheese	26
Tue	Nachos Supreme	42	Cheese Sandwich on WG Bread	32
Wed	Pizza	43	Yogurt Lunch	47
Thu	Chicken Nuggets	16	Turkey Sandwich on Gold Fish Bread	23
Fri	Hot Dog	28		