

## Middle School Lunch Menu

## April 2016

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
								<b>1</b>	
								<b>NO SCHOOL - SPRING BREAK</b>	
<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>	
Rotini Pasta	22	Pancakes	30	Chicken Patty	16	Chicken Wrap	35	Shrimp Poppers	22
Meatballs	10	Sausage Patty	1	WG Bun	26.5	Lettuce & Tomato Cup	3	Tater Rounds	19
Spaghetti Sauce	1	Syrup	30	Mashed Potatoes	17	Wango Mango Juice	13	Garbanzo Beans	10
Edamame	22	Romaine Salad	3	Baby Carrots	8	Diced Peaches	17	Orange Juice	13
Raisels	26	Ranch Dressing	1	Applesauce	15	Milk (assorted)	15	Milk (assorted)	15
Milk (assorted)	15	Celery Sticks	1	Milk (assorted)	15				
		Mandarin Oranges	17						
		Milk (assorted)	13						
<b>11</b>		<b>12</b>		<b>13</b>		<b>14</b>		<b>15</b>	
Corn Dog Nuggets	22	Cheese Ravioli	24	Popcorn Chicken	16	Bean & Cheese Burrito	41	<b>NO SCHOOL - INSTITUTE DAY</b>	
Fresh Spinach Salad	10	Garlic Toast	12	BBQ Sauce	9	Salsa	4		
Cherry Tomatoes	1	Spaghetti Sauce	14	Sweet Potato Fries	19	Fresh Spinach Salad	10		
Red Delicious Apple	22	Tater Rounds	10	Lima Beans	7.5	Craisins Strawberry	36		
Milk (assorted)	15	Orange Wedges	21	Chilled Pears	14	Milk (assorted)	15		
		Milk (assorted)	15	Milk (assorted)	15				
<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>		<b>22</b>	
Macaroni & Cheese	31	Hot Dog	1	Cheeseburger	29	<b>***New Item***</b>		Bosco Sticks	30
Romaine Salad	6	WG Bun	27	Sweet Corn	17	Green Chile & Cheese Quesadilla	40	Red Dipping Sauce	14
Ranch Dressing	1	Potato Wedges	22	Black Bean Salsa	11	Broccoli	2	Dragon Punch	13
Cherry Tomatoes	1	Chili	26	Diced Peaches	13	Refried Beans	20	Apple Sauce	15
Green Grapes	15	Diced Tomatoes	2	Milk (assorted)	15	Orange Wedges	21	Milk (assorted)	15
Milk (assorted)	15	Fruit Slushie	20			Milk (assorted)	15		
		Milk (assorted)	15						
<b>25</b>		<b>26</b>		<b>27</b>		<b>28</b>		<b>29</b>	
Orange Chicken	19	Cheese Sticks	33	Popcorn Chicken	16	Corn Dog Nuggets	22	Big Daddy Cheese Pizza	36
Brown Rice	35	Red Dipping Sauce	12	Smiley Potatoes	24	Fresh Spinach Salad	5	Cucumber Slices	0
Stir Fry Vegetables	6	Sweet Corn	9	Black Bean Salsa	11	Baked Beans	15	Baby Carrots	3
Baby Carrots	4	Craisins Strawberry	36	Diced Peaches	13	Golden Delicious Apple	22	Ranch Dressing	1
Fresh Pear	25	Milk (assorted)	15	Milk (assorted)	15	Milk (assorted)	15	Orange Wedges	21
Milk (assorted)	15							Milk (assorted)	15

<b>Premium Option</b>	
New this year, on Wednesdays District 158 middle schools will offer an alternate, premium entrée featuring a larger portion and an extra side for \$3.00.	
<b>April 6</b>	<b>Carbs</b>
Italian Beef	0
WG Bun	27
Mashed Potatoes	17
Gravy	4
Sweet Corn	17
Apple Slices	8
Juice	15
Milk	15
<b>April 13</b>	
Grilled Chicken	1
WG Bun	27
Mashed Potatoes	17
Gravy	4
Sweet Corn	17
Apple Slices	8
Juice	15
Milk	15
<b>April 20</b>	
Roast Turkey	0
Bread Sticks	13
Mashed Potatoes	17
Gravy	4
Green Beans	3
Apple Slices	8
Juice	15
Milk	15
<b>April 27</b>	
Baked Chicken	0
Bread Sticks	13
Mashed Potatoes	17
Gravy	4
Sweet Corn	17
Apple Slices	8
Juice	15
Milk	15

**Prices**

Lunch \$2.70  
Milk \$.40

All meals served with choice of Milk & 1/2 cup 100% Fruit Juice (15)

Menu subject to change. Advance notice will be given when possible.

**Additional Entrée Choice:**

**Mon** Hot Dog 28  
**Tue** Pizza 43  
**Wed** Hamburger/Cheeseburger 32/33  
**Thu** Chicken Nuggets 16  
**Fri** Nachos Supreme 42

**Daily Alternate entrée Choices**

Chef's Salad with Turkey & Cheese 26g  
Cheese Sandwich on WG Bread 32g  
Yogurt Lunch 47g  
Turkey Sandwich on Gold Fish Bread 22.5g

