

# Elementary School Lunch Menu

April 2016

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
								<b>1</b>	
								<b>NO SCHOOL - SPRING BREAK</b>	
<b>4</b>		<b>5</b>		<b>6</b>		<b>7</b>		<b>8</b>	
Rotini Pasta	41	Pancakes	30	Chicken Patty	16	Grilled Cheese	31	Italian Dunkers	32
Meatballs	5	Sausage Patty	1	WG Bun	27	Sweet Corn	9	Red Dipping Sauce	7
Spaghetti Sauce	14	Syrup	30	Mashed Potatoes	17	Black Beans	18	Wango Mango Juice	13
Edamame	3	Romaine Salad	3	Cherry Star Juice	16	Craisins Strawberry	36	Green Grapes	24
Chilled Pears	14	Ranch Dressing	1	Applesauce	15	Milk (assorted)	15	Milk (assorted)	15
Milk (assorted)	15.3	Celery Sticks	1	Milk (assorted)	15				
		Mandarin Oranges	17						
		Milk (assorted)	15						
<b>11</b>		<b>12</b>	<b>***Lucky Tray Day***</b>	<b>13</b>		<b>14</b>		<b>15</b>	
Corn Dog Nuggets	22	Cheese Ravioli	24	Popcorn Chicken	16	French Toast Sticks	26	<b>NO SCHOOL - INSTITUTE DAY</b>	
Fresh Spinach Salad	10	Spaghetti Sauce	14	BBQ Sauce	9	Pancake Syrup	30		
Cherry Tomatoes	1	Tater Rounds	10	Sweet Potato Fries	19	Gripz Mini Grahams	19		
Red Delicious Apple	22	Orange Wedges	21	Lima Beans	8	Tater Rounds	19		
Milk (assorted)	15	Milk (assorted)	15	Chilled Pears	14	Chickpeas	10		
				Milk (assorted)	15	Orange Juice	13		
						Milk (assorted)	15		
<b>18</b>		<b>19</b>		<b>20</b>		<b>21</b>	<b>***New Item***</b>	<b>22</b>	
Macaroni & Cheese	31	Hot Dog	1	Hamburger	2	Green Chile & Cheese Quesadilla	40	Bosco Sticks	30
Romaine Salad	6	WG Bun	27	WG Bun	27	Broccoli	2	Red Dipping Sauce	14
Ranch Dressing	1	Potato Wedges	22	Sweet Corn	17	Refried Beans	20	Celery Sticks	2
Cherry Tomatoes	1	Diced Tomatoes	2	Black Bean Salsa	11	Orange Wedges	21	Apple Sauce	15
Craisins	36	Fruit Slushie	20	Raisels	26	Milk (assorted)	15	Milk (assorted)	15
Milk (assorted)	15.3	Milk (assorted)	15	Milk (assorted)	15				
<b>25</b>		<b>26</b>	<b>***Lucky Tray Day***</b>	<b>27</b>		<b>28</b>		<b>29</b>	
Cheese Sticks	24	Meatballs	5	Popcorn Chicken	16	Corn Dog Nuggets	22	Big Daddy Cheese Pizza	34
Red Dipping Sauce	12	WG Bun	27	Smiley Potatoes	24	Fresh Spinach Salad	5	Broccoli	2
Cucumber Slices	0	Spaghetti Sauce	14	Edamame	9	Baked Beans	15	Baby Carrots	3
Ranch Dressing	1	Sweet Corn	9	Diced Peaches	13	Golden Delicious Apple	22	Ranch Dressing	1
Chilled Pears	16	Applesauce	15	Milk (assorted)	15	Milk (assorted)	15	Orange Wedges	21
Milk (assorted)	15	Milk (assorted)	15					Milk (assorted)	15.3

**Additional Entrée Choice:**

- MON** Mini Pancakes & Ham 46
- TUES** Nachos Supreme 43
- WED** Pizza 32/33
- THU** Chicken Nuggets 16
- FRI** Hot Dog 42

**Daily Alternate entrée Choices:**

- Chef's Salad with Turkey & Cheese 26g
- Cheese Sandwich on WG Bread 32g
- Yogurt Lunch 47g
- Turkey Sandwich on Gold Fish Bread 22.5g

**All meals served with choice of Milk**

- Lunch \$2.70
- Milk \$.40
- Menu subject to change.
- Advance notice will be given when possible.

**Due to severe allergies, scrambled eggs will not be served at Chesak or Mackeben Schools. For students with allergies or other nutritional concerns, please visit your school's food service office, where full nutritional information is available.**

