

High School Lunch Menu

November 2015

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
2 Bean & Cheese Burrito Salsa Romaine Salad Ranch Dressing Cherry Tomatoes Green Grapes 100% Juice Cup Milk (assorted)	41 8 6 1 2 15 14 15	3 Hot Dog WG Bun Potato Wedges Cucumber Slices Ranch Dressing Fruit Slushie 100% Juice Cup Milk (assorted)	1 27 22 0 1 20 14 15	4 Cheeseburger Sweet Corn French Fries Diced Peaches 100% Juice Cup Milk (assorted)	29 17 23 13 14 15	5 Cheese Quesadilla Broccoli Refried Beans Orange Wedges 100% Juice Cup Milk (assorted)	40 2 20 21 14 15	6 Bosco Sticks Red Dipping Sauce Celery Sticks Ranch Dressing Banana 100% Juice Cup Milk (assorted)	30 14 2 1 29 14 15
9 Orange Chicken Brown Rice Stir Fry Vegetables Baby Carrots Fresh Pear 100% Juice Cup Milk (assorted)	19 35 6 8 25 14 15	10 Shrimp Poppers Edamame Sweet Potato Fries Craisins Strawberry 100% Juice Cup Milk (assorted)	44 9 16 36 14 15	11 Popcorn Chicken Dinner Roll Smiley Potatoes Sweet Corn Diced Peaches# Milk (assorted)	16 20 24 17 13 15	12 Corn Dog Nuggets Fresh Spinach Salad Seasoned Potato Wedges Golden Delicious Apple Milk (assorted)	22 5 18 22 15	13 Big Daddy Cheese Pizza Cucumber Slices Baby Carrots Ranch Dressing Orange Wedges Milk (assorted)	43 0 2.5 1 21 15
16 Lasagna Roll Bread Stick Spaghetti Sauce Garbanzo Beans Chilled Pears 100% Juice Cup Milk (assorted)	27 21 14 20 14 14 15	17 Corn Dog Romaine Salad Ranch Dressing Celery Sticks Mandarin Oranges 100% Juice Cup Milk (assorted)	33 3 1 2 17 14 15	18 Chicken patty WG Bun Mashed Potatoes Baby Carrots Raisels Milk (assorted)	16 27 15 8 26 14 15	19 French Toast Sticks Pancake Syrup Sausage links 1/2 English Muffin Tater Rounds Wango Mango Juice Orange Wedges 100% Juice Cup Milk (assorted)	26 30 0 12 17 13 21 14 15	20 Cheese Sticks Red Dipping Sauce Seasoned Fries Diced Peaches 100% Juice Cup Milk (assorted)	33 12 20 13 14 15
23 NO SCHOOL PARENT-TEACHER CONFERENCES		24 NO SCHOOL PARENT-TEACHER CONFERENCES		25 NO SCHOOL DAY OF NON-ATTENDANCE		26 NO SCHOOL THANKSGIVING BREAK		27 NO SCHOOL THANKSGIVING BREAK	
30 Corn Dog Nuggets Fresh Spinach Salad Cherry Tomatoes Red Delicious Apple 100% Juice Cup Milk (assorted)	22 10 2 22 14 15								

Premium Option	
New this year, on Wednesdays Huntley High School will offer an alternate, premium entrée featuring a larger portion and an extra side for \$3.00.	
November 4	Carbs
Roast Turkey	0
Bread Sticks	13
Mashed Potatoes	17
Gravy	4
Green Beans	3
Apple Slices	8
Juice	15
Milk	15
November 11	
Baked Chicken	0
Bread Sticks	13
Mashed Potatoes	17
Gravy	4
Sweet Corn	17
Apple Slices	8
Juice	15
Milk	15
November 18	
Roast Pork	8
Bread Sticks	13
Mashed Potatoes	17
Gravy	4
Green Beans	3
Apple Slices	8
Juice	15
Milk	15

Additional Entrée Choice:

Mon Chicken Patty	46
Tue Pizza	43
Wed Hamburger/Cheeseburger	32/33
Thu Chicken Nuggets	16
Fri Nachos Supreme	42

Daily Alternate entrée Choices
 Chef's Salad with Turkey & Cheese 26g
 Cheese Sandwich on WG Bread 32g
 Yogurt Lunch 47g
 Turkey Sandwich on Gold Fish Bread 22.5g

Prices

Lunch \$2.70
 Milk \$.40

All meals served with choice of Milk & 1/2 cup 100% Fruit Juice (15)

Menu subject to change.
 Advance notice will be given when possible.

