

High School Lunch Menu

October 2015

Monday	Carbs	Tuesday	Carbs	Wednesday	Carbs	Thursday	Carbs	Friday	Carbs
						1 Bratwurst WG Bun Mashed Potatoes Black Beans Mixed Fruit 100% Juice Cup Milk (assorted)		2 Big Daddy Pepperoni Pizza Cucumber Slices Zucchini Slices Ranch Dressing Applesauce 100% Juice Cup Milk (assorted)	43 0 2 8 15 14 15
5 Bean & Cheese Burrito Salsa Romaine Salad Ranch Dressing Cherry Tomatoes Green Grapes 100% Juice Cup Milk (assorted)	41 8 6 1 2 15 14 15	6 Hot Dog WG Bun Potato Wedges Cucumber Slices Ranch Dressing Fruit Slushie 100% Juice Cup Milk (assorted)	1 27 22 0 1 20 14 15	7 Cheeseburger Sweet Corn French Fries Diced Peaches 100% Juice Cup Milk (assorted)	29 17 23 13 14 15	8 Cheese Quesadilla Broccoli Refried Beans Orange Wedges 100% Juice Cup Milk (assorted)	40 2 20 21 14 15	9 Institute Day No School	
12 Columbus Day No School		13 Shrimp Poppers Edamame Sweet Potato Fries Craisins Strawberry 100% Juice Cup Milk (assorted)	44 9 16 36 14 15	14 Popcorn Chicken Dinner Roll Smiley Potatoes Sweet Corn Diced Peaches Milk (assorted)	16 20 24 17 13 15	15 Corn Dog Nuggets Fresh Spinach Salad Seasoned Potato Wedges Golden Delicious Apple Milk (assorted)	22 5 18 22 15	16 Big Daddy Cheese Pizza Cucumber Slices Baby Carrots Ranch Dressing Orange Wedges Milk (assorted)	43 0 3 1 21 15
19 Lasagna Roll Bread Stick Spaghetti Sauce Garbanzo Beans Chilled Pears 100% Juice Cup Milk (assorted)	27 21 14 20 14 14 15	20 Corn Dog Romaine Salad Ranch Dressing Celery Sticks Mandarin Oranges 100% Juice Cup Milk (assorted)	33 3 1 2 17 14 15	21 Chicken patty WG Bun Mashed Potatoes Baby Carrots Raisels Milk (assorted)	16 27 15 8 26 14 15	22 French Toast Sticks Pancake Syrup Sausage links 1/2 English Muffin Tater Rounds Wango Mango Juice Orange Wedges 100% Juice Cup Milk (assorted)	26 30 0 12 17 13 21 14 15	23 Cheese Sticks Red Dipping Sauce Premium Fries Diced Peaches 100% Juice Cup Milk (assorted)	33 12 20 13 14 15
26 Corn Dog Nuggets Fresh Spinach Salad Cherry Tomatoes Red Delicious Apple 100% Juice Cup Milk (assorted)	22 10 2 22 14 15	27 BBQ Rib WG Bun Baby Carrots Tarer Rounds Orange Wedges 100% Juice Cup Milk (assorted)	3 27 8 19 21 14 15	28 Popcorn Chicken Dinner Roll BBQ Sauce Sweet Potato Fries Refried Beans Chilled Pears 100% Juice Cup Milk (assorted)	16 20 9 19 20 14 14 15	29 Bratwurst WG Bun Mashed Potatoes Black Beans Mixed Fruit 100% Juice Cup Milk (assorted)	2 27 17 18 17 14 15	30 Big Daddy Pepperoni Pizza Cucumber Slices Zucchini Slices Ranch Dressing Applesauce 100% Juice Cup Milk (assorted)	43 0 2 8 15 14 15

Premium Option		
New this year, on Wednesdays Huntley High School will offer an alternate, premium entrée featuring a larger portion and an extra side for \$3.00.		
October 7	Roast Turkey	0
	Bread Sticks	13
	Mashed Potatoes	17
	Gravy	4
	Green Beans	3
	Apple Slices	8
	Juice	15
	Milk	15
October 14	Baked Chicken	0
	Bread Sticks	13
	Mashed Potatoes	17
	Gravy	4
	Sweet Corn	17
	Apple Slices	8
	Juice	15
	Milk	15
October 21	Roast Pork	8
	Bread Sticks	13
	Mashed Potatoes	17
	Gravy	4
	Green Beans	3
	Apple Slices	8
	Juice	15
	Milk	15
October 28	Meatloaf	6
	Bread Sticks	13
	Mashed Potatoes	17
	Gravy	4
	Sweet Corn	17
	Apple Slices	8
	Juice	14
	Milk	15

Additional Entrée Choice:

- Mon Chicken Patty
- Tue Pizza
- Wed Hamburger/Cheeseburger
- Thu Chicken Nuggets
- Fri Nachos Supreme

Daily Alternate entrée Choices

- 46 Chef's Salad with Turkey & Cheese 26g
- 43 Cheese Sandwich on WG Bread 32g
- 32/3: Yogurt Lunch 47g
- 16 Turkey Sandwich on Gold Fish Bread 22.5g
- 42

All meals served with choice of Milk & 1/2 cup 100% Fruit Juice (15)
Lunch \$2.70
Milk \$.40



HUNTLEY
COMMUNITY SCHOOL DISTRICT 158

For students with allergies or other nutritional concerns, please visit your school's food service office, where full nutritional information is available.